From the time of the arrival of the ships to their departure, which is usually about three months, scarce a day passes without some Negroes being purchased and carried on board; sometimes in small and sometimes in large numbers. The whole number taken on board depends on circumstances. In a voyage I once made, our stock of merchandise was exhausted in the purchase of about 380 Negroes, which was expected to have procured 500...

The unhappy wretches thus disposed of are bought by the black traders at fairs, which are held for that purpose, at the distance of upwards of two hundred miles from the sea coast; and these fairs are said to be supplied from an interior part of the country. Many Negroes, upon being questioned relative to the places of their nativity, have asserted that they have travelled during the revolution of several moons (their usual method of calculating time) before they have reached the places where they were purchased by the black traders.

At these fairs, which are held at uncertain periods, but generally every six weeks, several thousands are frequently exposed to sale who had been collected from all parts of the country for a very considerable distance around....During one of my voyages, the black traders brought down, in different canoes, from twelve to fifteen hundred Negroes who had been purchased at one fair. They consisted chiefly of men and boys, the women seldom exceeding a third of the whole number. From forty to two hundred Negroes are generally purchased at a time by the black traders, according to the opulence of the buyer, and consist of all ages, from a month to sixty years and upwards. Scarcely any age or situation is deemed an exception, the price being proportionable. Women sometimes form a part of them, who happen to be so far advanced in their pregnancy as to be delivered during their journey from the fairs to the coast; and I have frequently seen instances of deliveries on board ship....

When the Negroes, whom the black traders have to dispose of, are shown to the European purchasers, they first examine them relative to their age. They then minutely inspect their persons and inquire into the state of their health; if they are inflicted with any disease or are deformed or have bad eyes or teeth; if they are lame or weak in the joints or distorted in the back or of a slender make or narrow in the chest; in short, if they have been ill or are afflicted in any manner so as to render them incapable of much labor. If any of the foregoing defects are discovered in them they are rejected. But if approved of, they are generally taken on board the ship the same evening. The purchaser has liberty to return on the following morning, but not afterwards, such as upon re-examination are found exceptionable....

Near the mainmast a partition is constructed of boards which reaches athwart the ship. This division is called a barricado. It is about eight feet in height and is made to project about two feet over the sides of the ship. In this barricado there is a door at which a sentinel is placed during the time the Negroes are permitted to come upon the deck. It serves to keep the different sexes apart;
and as there are small holes in it, where blunderbusses are fixed and sometimes a cannon, it is found very convenient for quelling the insurrections that now and then happen....

The men Negroes, on being brought aboard the ship, are immediately fastened together, two and two, by handcuffs on their wrists and by irons riveted on their legs. They are then sent down between the decks and placed in an apartment partitioned off for that purpose. The women also are placed in a separate apartment between the decks, but without being ironed. An adjoining room on the same deck is appointed for the boys. Thus they are all placed in different apartments.

But at the same time, however, they are frequently stowed so close, as to admit of no other position than lying on their sides. Nor with the height between decks, unless directly under the grating, permit the indulgence of an erect posture; especially where there are platforms, which is generally the case. These platforms are a kind of shelf, about eight or nine feet in breadth, extending from the side of the ship toward the centre. They are placed nearly midway between the decks, at the distance of two or three feet from each deck. Upon these the Negroes are stowed in the same manner as they are on the deck underneath.

In each of the apartments are placed three or four large buckets, of a conical form, nearly two feet in diameter at the bottom and only one foot at the top and in depth of about twenty-eight inches, to which, when necessary, the Negroes have recourse. It often happens that those who are placed at a distance from the buckets, in endeavoring to get to them, tumble over their companions, in consequence of their being shackled. These accidents, although unavoidable, are productive of continual quarrels in which some of them are always bruised. In this distressed situation, unable to proceed and prevented from getting to the tubs, they desist from the attempt; and as the necessities of nature are not to be resisted, ease themselves as they lie. This becomes a fresh source of boils and disturbances and tends to render the condition of the poor captive wretches still more uncomfortable. The nuisance arising from these circumstances is not infrequently increased by the tubs being too small for the purpose intended and their being emptied but once every day. The rule for doing so, however, varies in different ships according to the attention paid to the health and convenience of the slaves by the captain.

About eight o'clock in the morning the Negroes are generally brought upon deck. Their irons being examined, a long chain, which is locked to a ring-bolt fixed in the deck, is run through the rings of the shackles of the men and then locked to another ring-bolt fixed also in the deck. By this means fifty or sixty and sometimes more are fastened to one chain in order to prevent them from rising or endeavoring to escape. If the weather proves favorable they are permitted to remain in that situation till four or five in the afternoon when they are disengaged from the chain and sent below.

The diet of the Negroes while on board, consists chiefly of horse beans boiled to the consistency of a pulp; of boiled yams and rice and sometimes a small quantity of beef or pork. The latter are frequently taken from the provisions laid in for the sailors. They sometimes make use of a sauce composed of palm-oil mixed with flour, water and pepper, which the sailors call slabber-sauce. Yams are the favorite food of the Ebé or Bight Negroes, and rice or corn of those from the Gold or Windward Coast; each preferring the produce of their native soil....
They are commonly fed twice a day; about eight o'clock in the morning and four in the afternoon. In most ships they are only fed with their own food once a day. Their food is served up to them in tubs about the size of a small water bucket. They are placed round these tubs, in companies of ten to each tub, out of which they feed themselves with wooden spoons. These they soon lose and when they are not allowed others they feed themselves with their hands. In favorable weather they are fed upon deck but in bad weather their food is given them below. Numberless quarrels take place among them during their meals; more especially when they are put upon short allowance, which frequently happens if the passage form the coast of Guinea to the West Indies islands proves of unusual length. In that case, the weak are obliged to be content with a very scanty portion. Their allowance of water is about half a pint each at every meal. It is handed round in a bucket and given to each Negro in a pannekin, a small utensil with a straight handle, somewhat similar to a sauce-boat. However, when the ships approach the islands with a favourable breeze, the slaves are no longer restricted.

Upon the Negroes refusing to take sustenance, I have seen coals of fire, glowing hot, put on a shovel and placed so near their lips as to scorch and burn them. And this has been accompanied with threats of forcing them to swallow the coals if they any longer persisted in refusing to eat. These means have generally had the desired effect. I have also been credibly informed that a certain captain in the slave-trade, poured melted lead on such of his Negroes as obstinately refused their food.

Exercise being deemed necessary for the preservation of their health they are sometimes obliged to dance when the weather will permit their coming on deck. If they go about it reluctantly or do not move with agility, they are flogged; a person standing by them all the time with a cat-o’nine-tails in his hands for the purpose. Their music, upon these occasions, consists of a drum, sometimes with only one head; and when that is worn out they make use of the bottom of one of the tubs before described. The poor wretches are frequently compelled to sing also; but when they do so, their songs are generally, as may naturally be expected, melancholy lamentations of their exile from their native country.

The women are furnished with beads for the purpose of affording them some diversion. But this end is generally defeated by the squabbles which are occasioned in consequence of their stealing from each other.

On board some ships the common sailors are allowed to have intercourse with such of the black women whose consent they can procure. And some of them have been known to take the inconstancy of their paramours so much to heart as to leap overboard and drown themselves. The officers are permitted to indulge their passions among them at pleasure and sometimes are guilty of such excesses as disgrace human nature....

The hardships and inconveniences suffered by the Negroes during the passage are scarcely to be enumerated or conceived. They are far more violently affected by seasickness than Europeans. It frequently terminates in death, especially among the women. But the exclusion of fresh air is among the most intolerable. For the purpose of admitting this needful refreshment, most of the ships in the slave trade are provided, between the decks, with five or sick air-ports on each side of the ship of about five inches in length and four in breadth. In addition, some ships, but not one
in twenty, have what they denominate wind-sails. But whenever the sea is rough and the rain heavy is becomes necessary to shut these and every other conveyance by which the air is admitted. The fresh air being thus excluded, the Negroes' rooms soon grow intolerable hot. The confined air, rendered noxious by the effluvia exhaled from their bodies and being repeatedly breathed, soon produces fevers and fluxes which generally carries of great numbers of them.

During the voyages I made, I was frequently witness to the fatal effects of this exclusion of fresh air. I will give one instance, as it serves to convey some idea, though a very faint one, of their terrible sufferings....Some wet and blowing weather having occasioned the port-holes to be shut and the grating to be covered, fluxes and fevers among the Negroes ensued. While they were in this situation, I frequently went down among them till at length their room became so extremely hot as to be only bearable for a very short time. But the excessive heat was not the only thing that rendered their situation intolerable. The deck, that is the floor of their rooms, was so covered with the blood and mucus which had proceeded from them in consequence of the flux, that it resembled a slaughter-house. It is not in the power of the human imagination to picture a situation more dreadful or disgusting. Numbers of the slaves having fainted, they were carried upon deck where several of them died and the rest with great difficulty were restored....

As very few of the Negroes can so far brook the loss of their liberty and the hardships they endure, they are ever on the watch to take advantage of the least negligence in their oppressors. Insurrections are frequently the consequence; which are seldom expressed without much bloodshed. Sometimes these are successful and the whole ship's company is cut off. They are likewise always ready to seize every opportunity for committing some acts of desperation to free themselves from their miserable state and notwithstanding the restraints which are laid, they often succeed.